Classic Turkey Burger





Ingredients

5	
500g turkey mince	4 burger buns, split
1/4 cup stale breadcrumbs	Shredded lettuce
1 medium brown onion, very finely chopped	3 tbsp mayonnaise or aioli
1 egg, lightly beaten	4 slices cheddar cheese
1 tsp dried oregano	1/2 red onion, thinly sliced
1 tsp garlic powder	1 large ripe tomato, thinly sliced
1 tsp salt	Pickles to serve (we recommend McClure's Pickles)

Directions

Step 1 – Place the mince, breadcrumbs, onion, egg, oregano, garlic powder and salt in a large bowl and mix until well combined. Form the mince mixture into 4 patties with wet hands, place on a tray and refrigerate for at least half an hour.

Step 2 – Preheat the BBQ to medium heat – approximately 180°C. Set up the BBQ with a hotplate or BBQ safe frying pan. Cook the burger patties until the outside is charred and the inside is cooked to a minimum of 72°C. In the last 2 minutes of cooking, place a slice of cheese on top of each pattie to melt. Step 3 – Remove the patties and cheese from the BBQ and set aside, covered loosely with foil. Place the burger buns cut side down onto the hotplate to toast slightly.

Step 4 – Assemble your burgers with lettuce, mayonnaise or aioli, pattie and cheese, red onion rings, tomato slices, and pickles. Serve immediately.



