

Grilled Sausage Sandwich



* Recipe and image courtesy of Jamie Purviance / Weber US

Ingredients

1/2 red chilli, seeds removed, finely chopped

2 medium yellow onions, cut into 1cm slices

1 large red capsicum, cut into 1cm strips

1 large green capsicum, cut into 1cm strips

4 submarine sandwich rolls, split

2 tbsp balsamic vinegar

6 fresh Italian sausages, any combination of sweet and hot

4 cups rocket

For the Garlic Oil

1/3 cup olive oil

1/2 tsp salt

1 garlic clove, minced

1/4 tsp freshly ground black pepper

1/2 red capsicum, finely chopped

Directions

Step 1 – In a small bowl whisk the garlic oil ingredients. Set aside.

Step 2 – Prepare the grill for direct cooking over medium heat (180° to 200°C) and preheat a perforated grill pan for 10 minutes.

Step 3 – In a large bowl gently toss the onions and bell peppers with 1 tablespoon of the garlic oil. Brush the cut side of the rolls with the remaining garlic oil. Spread the vegetables in a single layer on the grill pan and grill over direct medium heat, with the lid closed, until tender, about 12 minutes, turning occasionally. Remove the grill pan with the vegetables from the grill and put the vegetables into a large bowl. Add the vinegar and stir to coat, separating the onion slices into rings.

Step 4 - Brush the cooking grates clean. Grill the sausages over direct medium heat, with the lid closed, until browned and well done (70°C), 8 to 10 minutes, turning occasionally. During the last 30 seconds to 1 minute of grilling time, toast the rolls, cut side down, over medium heat. Cut the sausages on the diagonal into 1cm slices. Add the sausages and any juices to the bowl with the onions and peppers.

Step 5 – Top each roll with 1 cup arugula and one quarter of the sausage-vegetable mixture. Serve right away.

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