

### Spicy Grilled Prawn and Pineapple Salad



## Ingredients

1 kg fresh prawns, peeled and deveined, tails left on

- 1 tbsp olive oil
- 1 tsp salt
- 1 tbsp Cajun spice mix
- 1/2 fresh pineapple, peeled and cut into batons
- 1 large bag rocket / mixed leaf salad
- 1/2 punnet cherry tomatoes, quartered
- 1 avocado, peeled and sliced
- 3 radishes, thinly sliced

#### Directions

Step 1 – Combine the prawns with the olive oil, salt and Cajun spice mix (we recommend Smokey Joe's Cajun Spice Rub) and set aside to marinate for at least 1 hour. Bring to room temperature before grilling. Step 2 – To make the dressing, combine the lime zest and juice with the rest of the ingredients in a small bowl and whisk well to combine. Set aside.

Step 3 – Preheat the BBQ to high heat (230° to 260°C). Ensure the grills are clean. Once the BBQ has reached temperature, place the pineapple batons onto the grill and cook for approximately 3 minutes on each side, or until the pineapple is lightly charred with grill marks. Cut into large chunks, removing the core sections, set aside and allow to cool slightly.

Step 3 – Grill the prawns on each side, directly on the grill for around 4 minutes or until cooked through. Step 4 – Assemble the salad by tossing the salad leaves, tomatoes, avocado, radish and pineapple chunks together with the dressing and arrange on a large platter. Top with the prawns and serve immediately.

# BBQSPLUS

#### For the dressing

1 lime, zested and juiced

- 1 tbsp red wine vinegar
- 1/3 cup avocado oil
- 1 tsp brown sugar

